

SPRING POOL SCHEDULE

(January 1, 2010 thru March 31, 2010)

**The pool will be closed for all other use except Swim Team Practice Monday-Friday 4:00 pm until 5:30 pm*

General Swimming

Monday-Friday	10:00 am – 4:00 pm 5:30 pm – 9:00 pm
Saturday	8:00 am – 6:00 pm
Sunday	1:00 pm – 6:00 pm

Lap Swimming

Monday, Wednesday, Friday	6:00 am – 4:00 pm 5:30 pm – 9:00 pm
Tuesday, Thursday	7:00 am – 4:00 pm 5:30 pm – 9:00 pm
Saturday	8:00 am – 6:00 pm
Sunday	1:00 pm – 6:00 pm

GSST (Gulf Shores Swim Team)

Monday - Friday

Advanced	3:30 pm – 4:00 pm Drylands 4:00 pm – 6:00 pm Swim
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Suggested 5 practices a week

Age Group	3:45 pm – 4:00 pm Stretch 4:00 pm – 5:30 pm Swim
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Suggested 3-4 practices a week

Monday, Tuesday & Thursday

Beginners & Intermediate	3:45 pm – 4:00 pm Stretch 4:00 pm – 5:00 pm Swim
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Suggested 3-4 practices a week

Master Swim Team

Monday, Wednesday, Friday	6:00 am – 7:00 am
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